Print off scriptures. Mount on pink/red paper. Fold in half and put in a fish bowl. Read one scripture each morning and resolve to put the scripture into action.

Proverbs 15:1 "A SOFT answer turneth away wrath: but grievous words stir up anger."

Speak with a soft voice today. Only say kind words.

John 3:16 "For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life."

Think about the love God has for you. Treat others with love today.

John 15:13 "Greater love hath no man than this, that a man lay down his life for his friends."

Think about how Jesus sacrificed for you. Sacrifice something of your own for someone else (your time, a toy you like, etc.).

Mosiah 3:19 "For the natural man is an enemy to God, and has been from the fall of Adam, and will be, forever and ever, unless he yields to the enticings of the Holy Spirit, and putteth off the natural man and becometh a saint through the atonement of Christ the Lord, and becometh as a child, submissive, meek, humble, patient, full of love, willing to submit to all things which the Lord seeth fit to inflict upon him, even as a child doth submit to his father."

Let's listen to the Holy Ghost today – listen to His promptings. Be patient and full of love toward others.

Matthew 5:44 "But I say unto you, Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which despitefully use you, and persecute you;"

Pray for someone who is unkind to you. Do something nice for someone who has treated you poorly.

Doctrine & Covenants 88:123 "See that ye love one another; cease to be covetous; learn to impart one to another as the gospel requires."

Be happy for what others have. Instead of coveting what someone else has, count your blessings. Share with someone else today.

John 15:12 "This is my commandment, That ye love one another, as I have loved you."

Think about how Jesus would act. Say only kind words today.

Moroni 8:26 "And the remission of sins bringeth meekness, and lowliness of heart; and because of meekness and lowliness of heart cometh the visitation of the Holy Ghost, which Comforter filleth with hope and perfect love, which love endureth by diligence unto prayer, until the end shall come, when all the saints shall dwell with God."

Repent of your sins so you can feel the Holy Ghost. Ask Heavenly Father to fill you with hope and love.

Mosiah 4:14-15 "And ye will not suffer your children that they ...transgress the laws of god, and fight and quarrel one with another, and serve the devil, who is the master of sin, or who is the evil spirit which hath been spoken of by our fathers, he being an enemy to all righteousness. But ye will teach them to walk in the ways of truth and soberness; ye will teach them to love one another, and to serve one another."

Avoid fighting today. Find ways to serve your siblings.

Moroni 7:47-48 "But charity is the pure love of Christ, and it endureth forever; and whoso is found possessed of it at the last day, it shall be well with him. Wherefore, my beloved brethren, pray unto the Father with all the energy of heart, that ye may be filled with this love, which he hath bestowed upon all who are true followers of his Son, Jesus Christ; that ye may become the sons of God; that when he shall appear we shall be like him, for we shall see him as he is; that we may have this hope; that we may be purified even as he is pure. Amen."

Pray with energy that you may be filled with the love of God so that you can become like Jesus.

Leviticus 19:18 "Thou shalt not avenge, nor bear any grudge against the children of thy people, but thou shalt love thy neighbor as thyself: I am the Lord."

Let go of a grudge today. Exercise love for that person.

Matthew 22:39 "Thou shalt love thy neighbour as thyself."

Luke 6:31 "And as ye would that men should do to you, do ye also to them likewise.

Treat others how you want to be treated.

Alma 38:11-12 "See that ye are not lifted up unto pride; yea, see that ye do not boast in your own wisdom, nor of your much strength. Use boldness, but not overbearance; and also see that ye bridle all your passions, that ye may be filled with love; see that ye refrain from idleness."

Don't talk about yourself today. Think of others instead.

Ephesians 4:32 "And be ye kind one to another, tenderhearted, forgiving one another, even as God for Christ's sake hath forgiven you.

Let's be kind today, tenderhearted and forgiving. If someone makes you mad, think about Christ and exercise His love for that person.

1 Corinthians 13: 4-7 "Charity suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up, Doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil; Rejoiceth not in iniquity, but rejoiceth in the truth; Beareth all things, believeth all things, hopeth all things, endureth all things."